



STATE BOARD OF DENTAL EXAMINERS

1801 Congress Avenue, Suite 8.600, Austin, Texas 78701

July 8, 2026

Shaina Clay, RDH
6811 CR 500
Blue Ridge, TX 75424

Certified Mail/RRR
First Class Mail

Re: SBDE No. 2026-00628
Proposed Cease and Desist Order

Dear Ms. Clay:

Enclosed please find a proposed *Cease and Desist Order* to resolve SBDE No. 2026-00628.
You may reach me at (737) 363-2397 should you have any questions.

Sincerely,

Jayme Valtierra
Staff Attorney

Encl. (Cease & Desist Order)

SBDE NO. 2026-00628

IN THE MATTER OF	§	BEFORE THE STATE
SHAINA CLAY, RDH	§	BOARD OF
BLUE RIDGE, TEXAS	§	DENTAL EXAMINERS

CEASE AND DESIST ORDER

On July 8, 2026, the Texas State Board of Dental Examiners (Board) proposes this Cease and Desist Order (Order) against SHAINA CLAY, RDH.

The Board has received information and possesses certain evidence indicating that Shaina Clay, RDH has violated provisions of the Dental Practice Act (the Act), codified at Tex. Occ. Code §§ 251 through 257

Failure to file a written request for a hearing on this Order by the 21st day after receipt will render this Order immediately effective and non-appealable in accordance with Tex. Occ. Code § 264.0525(3), and (b).

Pursuant to authority granted at Tex. Occ. Code § 264.0526, the Board finds and issues the following:

FINDINGS OF FACT

1. Shaina Clay is a Registered Dental Hygienist (RDH) License No. 16207, whose registration is currently active.
2. During the period from approximately November 8, 2024, through the present, Shaina Clay has engaged in conduct that appears to be outside the authorized duties of her dental hygienist's license and appears to constitute the unauthorized practice of medicine under Texas law.
3. Specifically, Shaina Clay has advertised, offered, and/or provided botulinum toxin ("Botox") injection services to members of the public.
4. Through business and social media postings, Shaina Clay has represented she is a dental hygienist that can provide Botox injection services and maintains a treatment room in order to administer these medical treatments.

5. In addition to publicly advertising and performing Botox injection services, Shaina Clay contacted a Texas-licensed dentist to inquire whether the dentist wished to engage her to provide Botox injection services within the dentist's practice.
6. At all relevant times, Shaina Clay has been licensed as a dental hygienist in Texas and has not been licensed to practice dentistry nor licensed to practice medicine in the State of Texas.
7. Based on the foregoing, Shaina Clay has engaged in conduct that exceeds the lawful scope of dental hygiene practice and appears to constitute the unauthorized practice of medicine under Texas law.
8. This conduct constitutes the unauthorized practice of dentistry in violation of Tex. Occ. Code § 155.001 and 251.003 and the scope limitations applicable to dental hygienists under Tex. Occ. Code Chapter 262 and 22 Tex. Admin. Code § 115.2.

ORDER

IT IS THEREFORE ORDERED THAT:

SHAINA CLAY, RDH, **CEASE AND DESIST** from advertising, offering, and/or providing botulinum toxin ("Botox") injection services or otherwise engaging in conduct that exceeds the lawful scope of dental hygiene practice and the unauthorized practice of medicine in the State of Texas.

Signed this 8th day of July, 2026.



Casey Nichols
Executive Director
Texas State Board of Dental Examiners